

Important Information Regarding Collection of Children

From **Monday 2nd March**, if you are collecting your child at **11:45am**, we will be **trailing a new collection point**. Children collected at 11:45am should now be picked up from the **dinner hall fire exit door** (located to the right of **the main Reception**).

This change is due to the increased number of children staying for dinners, meaning staff are required in the Hall from **11:30am** onwards.

Children who are released from the Hall will sit with a member of staff, where they will be offered a drink and given the opportunity to play a game, read a story, or colour a picture while they wait for collection.

Thank you for your cooperation as we trial this new system.

☀ This Week in Nursery ☀

This week we began our new topic for the half term: Nursery Rhymes. We have learnt "Round and Round the Garden" and "Row, Row, Row Your Boat", and the children have really enjoyed joining in with the actions and repeating the rhyming words.

Here is a simple rhyming game we have been playing to help the children listen for and identify rhyming words:

"Rhyming Pairs" Game

1. Place several picture cards on the carpet (e.g., *cat, hat, dog, frog, car, star*).
2. Ask the children to find two pictures that *sound the same at the end*.
3. When they find a pair, everyone says the rhyme together:
 - "Cat – Hat! They rhyme!"
4. Celebrate their choices and encourage them to listen carefully to the ending sounds.

This game can be played in small groups or as a whole class and helps develop early phonics and listening skills.



We also enjoyed learning our Respect Song in music. This links beautifully with our school value for this half term, helping children understand how to be kind and thoughtful to one another.

✚ Assembly

During Wednesday's assembly, some of the children learnt about Palm Sunday, discovering why it is an important story for Christians and how it is celebrated.

P.E – Gymnastics

In P.E this week we started our new gymnastics unit. The children loved exploring different ways of moving, balancing, and travelling safely around the space.

Diary Dates and reminders.

Open Day- Saturday 7th March
10am-2pm.

Parents evenings – Wednesday 18th
and Thursday 19th March.

Easter craft session- Monday 23rd March 2.05pm.

Friday 27th March- end of term

Monday 13th April- Children return for summer term.



Easter craft session- You are warmly invited to join your child in the preschool classroom on Monday 23rd March at 2:00pm for a fun afternoon of Easter crafting.

We will be making and creating lots of different Easter-themed crafts, and we would love for you to come and share this experience with your child.

🎟 Raffle Tickets

Raffle tickets will be on sale from Monday 9th March right up until the craft session.

There will be Easter eggs as prizes, and every child will receive an Easter treat! We hope you can join us for this lovely event.

Reminders for Return

- Make sure your child has spare clothes including pants and socks every day.
- Please make sure small fruit including small grapes and blueberries are cut before coming into pre-school.
- Please make sure everything has your child's name on, we do have quite a lot of things go missing and it is so much easier when it has a name.

Thank you for your continued support
Mrs Bradley and the pre-school Team

Safeguarding - Positive Relationships

This week, staff are supporting children to build respectful and cooperative relationships. We are modelling kind language, turn-taking, and how to respond appropriately when someone expresses a boundary such as "stop". This forms part of early consent education in an age-appropriate way.

Wellbeing – Introduction to Meditation

Meditation is a quiet time that helps your body and mind feel calm. Children can sit or lie down comfortably, close their eyes, and take slow, gentle breaths. They can imagine something peaceful—like floating on a cloud or sitting by a warm, sunny beach. Listening to their breathing or thinking about something that makes them happy helps their mind slow down and relax. Even just one or two minutes can help children feel calmer, kinder, and ready for the rest of their day.

Guided Meditation for Kids: "The Magic Bubble"

Find a comfy place to sit or lie down. When you're ready, let's begin.

Take a slow, soft breath in... and let it out like you're blowing out a candle.

Again—breathe in... and out.

Your body is getting calmer and softer, like it's melting into the floor or chair.

Now imagine you're holding a big, shiny magic bubble wand.

When you breathe in, the bubble grows a tiny bit...

And when you breathe out, a beautiful, glowing bubble floats out into the air.

Inside this bubble is something special—a colour you love.

Picture that colour glowing all around you, warm and gentle.

Let it float closer... closer... until the bubble pops softly and the colour surrounds you like a warm hug.

As the colour wraps around you, it whispers:

"You are safe. You are calm. You are loved."

Take another slow breath in...

And let it out...

Feel your whole body relaxing—your shoulders, your arms, your tummy, your legs.

Now imagine your bubble gently lifting you up, floating you through the sky.

You're drifting over soft clouds, feeling light and peaceful.

The clouds look fluffy, like cotton, and the sky feels calm and quiet.

Stay here for a moment... just breathing... just resting...

When you're ready, your bubble brings you back down to where you started—safe and sound.

Wiggle your fingers... wiggle your toes...

Take one more big breath in... and let it go.

When you're ready, gently open your eyes.